

By this time next week, the 50th edition of the Riverdale Band will be well into band camp! Members of the guard section, under the instruction of Ms. Amanda Jones, are already hard at work. Here are some tips to help you prepare for a successful camp:

THINGS TO KNOW

- Go ahead and get outside a little each day. This will help you adjust to that famous band camp weather.
- Hydrate, hydrate, hydrate. Start working towards band camp hydration levels. Water and low-sugar sports drinks are your friend... caffeine, energy drinks, and milk are not.
- It's been 24 months since the last Riverdale Band camp. We want this to be a positive experience for all students and staff members. Arrive each day with a positive mental attitude and understand that any mistakes provide a prime opportunity to improve for a future success.
- Be sure to have breakfast before arriving for camp, you'll need protein to power through the day. One tip – avoid milk and dairy.
- Students are responsible for following the rules of Riverdale HS and Rutherford County Schools. And if you have questions, please ask. We've found that the following four rules cover most every incident:
 - 1. **Be Prompt** (Early is on time, on time is late).
 - 2. **Be Polite** (Please and Thank You are always appreciated. Several parents and staff members are taking their vacation time to work our camp. Let them know that they are appreciated).
 - 3. **Be Prepared** (Plan ahead. Have needed items like music, instrument/equipment, clothing, and weather apparel for rain or shine).
 - 4. **Be Professional** (We're the largest student group at Riverdale and represent both RCS and Murfreesboro, TN. Language, actions, and behaviors are important to positively represent the 50-year tradition of the Riverdale Warrior Band).

WHAT TO WEAR

- Since we're on campus, the school dress code is in effect. Clothing should not only be comfortable but also appropriate.
- Comfortable athletic wear and tennis shoes with socks. Sunburns and blisters are two things guaranteed to ruin your band camp experience. Avoid dark colored clothing (it absorbs heat) and absolutely no sandals... closed-toe athletic shoes only.
- Hats and sunglasses are always a good idea for outdoor rehearsals.

WHAT TO BRING

- Water jug. The bigger, the better.
- Sunscreen
- Binder with sheet protectors for music and marching drill. A lanyard and sheet protector are the best way to keep up with marching band drill at rehearsal.
- Towel.
- Extra socks.

- Instrument.
- Lunch.
- Inhaler or epi-pen if asthmatic or severe allergies.

LUNCH & CAMPUS

- Band camp is a closed campus with students staying at Riverdale until evening dismissal. Students will need to bring their lunch each day. There will be a mid-morning snack break provided by band booster parents.
- If there is an emergency of doctor's appointment, parent/guardians need to check-out students with the band directors.

APPRECIATED DONATIONS

- Gatorade (containers of powdered drink mix)
- Fruit (apples, bananas, etc.).
- Welch's Fruit Snacks
- Peanut butter snack cracker packers
- Bottled Water
- Expo Dry-Erase Markers
- Pens and Pencils

SCHEDULE

- Times are 8:00 am to 5:00 pm, daily. Students may be dropped off as early as 7:15 am.
 - o All drop-offs and pick-ups should be by the gym (north side).
 - o Several school teams and organizations will be on campus during these camp weeks: please don't block the gym fire lane during pick-up.
- Mon. July 19, all 9th & 10th grade members, guard, percussion, and band leadership team.
- Tues. July 20, All members
- Wed. July 21, All members
- Thurs. July 22, All members
- Mon. July 26, All members
- Tues. July 27, All members
- Wed. July 28, All members
- Thurs. July 29, All members 8:00 am until 6:15 pm, approximately
 - o The band group pictures (5:30) and parent performance (6:00) are this evening. We are planning to have food trucks available for this end-of-camp performance/celebration.
- Calendar is available at www.RiverdaleBand.com/calendar/ and mobile device sync instructions www.RiverdaleBand.com/calendar-sync-instructions-for-phone/

QUESTIONS/CONTACT INFO

- Information is posted at www.RiverdaleBand.com

- If you need to contact the directors, TheRiverdaleBand@gmail.com or 615-896-0110.
- If you need to contact the boosters,
 - o Mark Seely, Band Booster President, RiverdaleBandPresident@gmail.com
 - o Jennifer Churchwell, Treasurer, RiverdaleBandBoosters@gmail.com
- REMIND GROUP for band members – Text **@rhsband50** to **81010**

DUES DATES (It's how we pay for music, staff, and student band uniform shirts/attire).

Available at www.RiverdaleBand.com/forms/

- Due Date: 5/21 – \$150 – Installment #1
- Due Date: 6/16 – \$150 – Installment #2
- Due Date: 7/14 – \$150 – Installment #3
- Due Date: 8/11 – \$150 – Installment #4

Oh... and one last thing.... Interested in your show music?

Remember one very, very, VERY important thing.... Riverdale50

And visit www.RiverdaleBand.com/2021-show/

We look forward to seeing you at camp next week!

Mr. Aymett & Mr. Crossley